



CHELSEA MEDICS

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COVID-19 PCR Test to Release Scheme

We offer private Covid-19 PCR testing as part of the UK Government scheme to allow travellers to England to reduce their self-isolation time. The 'Test to release' scheme and rules only apply to England, more information is available from the Government [website here](#).

Please read the following information carefully and contact a member of our admin team at reception@chelseamedics.co.uk if you have any questions.

The UK Government has allowed travellers returning from a destination NOT on the travel corridor list to pay for a private PCR swab. **You cannot take a test until you have been in England for 5 full days.** A PCR swab test checks to see if you have the virus which causes Covid-19 at the time of the test. The most up to date travel corridor list is [here](#).

All persons are required to have a test to reduce their self-isolation period, including children, unless you fall into a special exemption category. The scheme is voluntary and applies to those self-isolating in England only.

If you arrive in England and have been in any of the countries listed below in the last 10 days then you must self-isolate for 10 days and cannot be released early by the 'test to release' scheme.

This list is subject to change and you should check the latest government advice at the time of your travel. Please click the link for the most up to date list: <https://www.gov.uk/guidance/transport-measures-to-protect-the-uk-from-variant-strains-of-covid-19#travel-bans-to-the-uk---banned-countries>

You should book your test before you travel to England. You can submit the form any time 48 hours before you arrive in the UK – complete your [passenger locator form](#) which is available [here](#)

If you arrange your test after arrival you will need to complete a new [passenger locator form](#) which is [available here](#) after you have booked your test.

You are required to isolate for 5 full days after you were last in a country NOT on the travel corridor list. **You may not undertake your test before the 5th full day.** For example, if you leave a country on Monday morning and arrive in England on Monday afternoon. Tuesday will be your first full day of self-isolation. You can take a test no earlier than your 5th full day of self-isolation - Saturday. You must continue to self-isolate while you await your test result.

If you wish to take part in the Test to Release scheme:

1. Please complete our Test to Release form on our website www.chelseamedics.co.uk and a member of our admin team will contact you to arrange an appointment and test.

Patients already registered with the practice will have the option of a video/telephone consultation or onsite clinic appointment.

New patients will be offered a video consultation or face to face appointment.

2. At the time of booking, you will be provided with a unique booking reference number on your confirmation email, which you are required to enter along with the name of the test provider - **CIRCULAR 1 HEALTH** - on the passenger locator form.
3. Complete the Passenger locator form on the GOV.uk website [here](#)

Fees:

New patient video consultation with a doctor, swab test kit, laboratory fees and certificate - £250.00

Existing patient video/telephone consultation or on-site consultation with a doctor, swab test kit, laboratory fees and certificate - £225.00

Additional charges will apply if a courier delivery service is required.

You will need the following information for when booking a test:

- Full Name
- Sex
- Date of birth
- NHS Number (if known and applicable)
- Ethnicity
- Home address, including postcode and the address they intent to self-isolate (if different)
- Email address
- Telephone number
- Date of arrival in the UK
- Flight number, coach number or vessel name (as appropriate)
- The date on which they last departed from or transited through a non-exempt country or territory, or a destination not on the travel corridors list
- The country or territory they were travelling from when they arrived in the UK, and any country or territory they transited through as part of that journey
- Additionally, the provider must collect the international arrivals' passport number or ID card reference number, and include this information on the notification of result
- Vaccination status

Courier Service:

A courier service will deliver your test kit to you. The courier will wait for 10 minutes whilst you complete your swab test. The kit will contain full instructions on how to take your sample. It is important to follow the instructions carefully to get an accurate result. Label the completed sample and return the kit to the courier and this will be sent to the laboratory directly.

All swab samples are analysed by a Government approved private UKAS registered laboratory, their current turnaround time is 24-48 hours from the time they receive your sample.

Postal Service:

We can send test kits by registered Royal Mail next day post. The kit will contain full instructions on how to take a swab safely at home. Once complete place the swab kit into the secure packaging and return by Royal Mail next day special delivery. The package will already be fully labelled ready to post, check you are using one of the Royal Mail designated priority post boxes on their [website here](#). Due to the ongoing pandemic delays are possible in postage.

You will receive a letter from the doctor with a copy of your result to the email address provided on your test to release form.

Whilst Chelsea Medics will do everything it can to ensure a prompt service, Covid-19 PCR tests are processed by an accredited laboratory who may from time to time experience delays during the ongoing pandemic. We can accept no responsibility for financial losses, travel cancellations, disruption, or refusal to travel due to failed or late reported test results. All Covid-19 test results will be reported to Public Health England, this is a legal requirement, in the event of a positive test your contact details may be passed to authorities including the NHS Test and Trace service.

If you have any further questions, please email our admin team at reception@chelseamedics.co.uk

Chelsea Medics Team